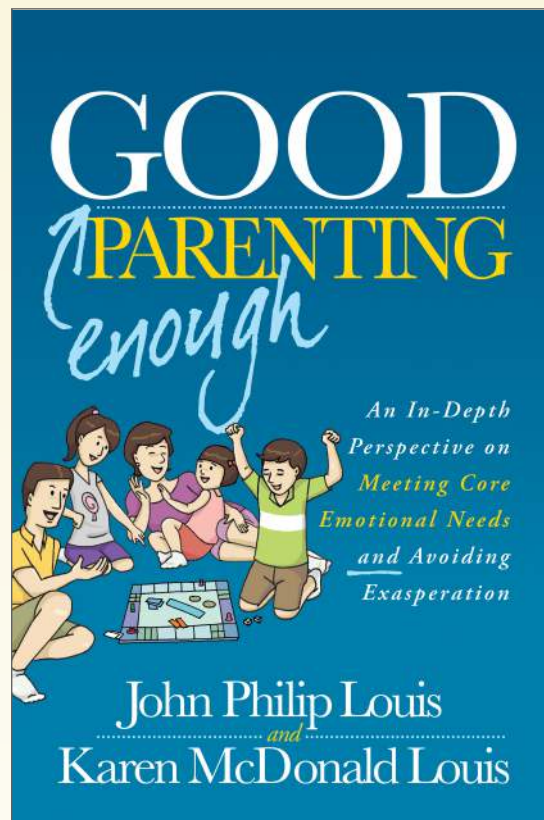




TRAINING DATE, TIME & VENUE

Date / Time

November 2-5, 2015 (Monday - Thursday)
(10:00am till 6:00pm daily)

Venue

Margaret Talkington Nursing Center
1919 Frankford Ave
Lubbock, TX 79497

Fee:

US\$ 400 per participant

Good Enough Parenting Facilitators' Training

A Bible-Based Professional Parenting Program Utilizing Principles of Schema Therapy
November 2-5, 2015 in Lubbock, Texas | Organized In Conjunction with Lubbock Christian University

"GOOD ENOUGH PARENTING"

In a nutshell, "Good Enough Parenting" (GEP) helps parents obey the biblical directives to "not exasperate" their children but to instead "bring them up in the training and instruction of the Lord" (Ephesians 6:4). In their biblically-based program, John and Karen Louis combine their experiences helping clients, churches, and their own children with credible research and schema therapy. Schema Therapy, founded by Dr. Jeffrey Young, says that schemas are made up of memories, emotions, and cognitions; maladaptive schemas are distorted views of ourselves and/or of others, which interfere with our closest relationships and our mental well-being. Research has shown that maladaptive schemas develop when children's core emotional needs are not met during the formative years. These core emotional needs are:

- Connection & Acceptance
- Healthy Autonomy & Performance
- Reasonable Limits
- Realistic Expectations
- And the "plus-one" need of
- Spiritual Values & Community

While no one's parenting can ever be perfect, "Good Enough Parenting" offers a step-by-step guide on how parents can learn to meet these core emotional needs, and provide parenting that is "good-enough" to prevent Exasperation and Schemas (Lifetraps) from developing in their children.

WHY GET TRAINED IN THIS PROGRAM?

Would you like to empower your adult clients or fellow church members to be able to prevent maladaptive schemas from developing in their children? Or be able to weaken the ones their children already have? Would you like to help your clients and/or your Christian community have additional reading material to get to the root of where their own schemas originated? How about learning how to use movies to help the members in your church or

your clients improve their marriage and parenting? Would you like tools to help children connect with their parents better? Help parents in your church community pass down their values in a more effective way? Alternatively, would you like to help parents in your community using professionally developed materials and resources? Or even learn great parenting skills for yourself? Then join our GEP Facilitators' Training at Lubbock Christian University from November 2-5, 2015.

ABOUT THE SPEAKERS

Based in Singapore and married for almost 30 years with two adult children, John and Karen Louis bring unique experience and expertise to Good Enough Parenting. Both are global citizens, with John being of Indian descent, born and raised in Malaysia and educated in the United Kingdom, while Karen hails from a cotton farm in West Texas. Having lived in the



U.K., Australia, Malaysia, Indonesia and Singapore, the Louis are sensitive to parenting issues from all cultures. Both of them have Masters Degrees in Counselling and are professionally trained Schema (John) and Solution Focused (Karen) therapists. John was trained by Dr. Jeffrey Young, the founder of Schema Therapy.

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TO REGISTER FOR THE TRAINING

1. Complete the attached Registration Form. (Please use one form for each participant.)
2. Send the completed form(s) to:
patsim@louiscts.com
3. Upon receipt of your registration, we will send you a confirmation and invoice within 3-5 working days.

PARTICIPANTS WILL RECEIVE:

Certification as facilitators for the "Good Enough Parenting" program, the *Good Enough Parenting* book (Christian version), and access to resources on the GEP website, including video recordings of training sessions, movie timings, and all powerpoint presentations.

Important Note: A list of DVD titles will be provided during the facilitators training.

CONTACT INFORMATION

LOUIS COUNSELLING AND TRAINING SERVICES PTE LTD

408 Miltonia Close, Singapore 768390
Tel: +65 93868630 Fax: +65 67594359
Email: patsim@louiscts.com
Websites: www.gep.sg | www.icu.sg

LUBBOCK CHRISTIAN UNIVERSITY

5601, 19th Street, Lubbock, Texas 79407

PRAISES

"In a world of too much information, *Good Enough Parenting* teaches parents how to meet core emotional needs, and, at the same time, how to avoid passing down their own dysfunctional behaviors. Schema Therapy has been successful with adults, but I have always wanted to see someone do something on preventing schemas, or Lifetraps, in children, and here it is!"

— Dr. Jeffrey Young, Dept. of Psychiatry, Columbia University, New York Founder, Schema Therapy

"*Good Enough Parenting* is a book to be studied and not just read. John and Karen Louis have created a valuable resource to help parents recognize and understand the core emotional needs of their children and how to meet those needs. John and Karen have a unique gift of being able to blend solid biblical teaching with the latest scientific research. The material presented in these pages is extraordinary and profound. If you want to sharpen your parenting skills, drink deeply from these waters."

— Dr. G. Steve Kinnard

Adjunct Professor of Bible, Lincoln Christian University
Teacher / Evangelist, New York

"This handbook presents a detailed and scientifically based schema perspective on parenting, linking theoretical knowledge with expressive examples from everyday life (including from the authors' own family) plus vivid cartoons. The tone of the book is non-judgmental, warm and encouraging, while the title '*good enough parenting*' cautions us against unrelenting standards."

— Eckhard Roediger, M.D., Secretary, International Society of Schema Therapy (ISST) Frankfurt

"A very insightful and practical parenting book that transcends race and culture! A must read for all parents with kids of any age. It has opened our eyes to

a healthier way of communicating with our children to make sure we meet their needs and stay connected to them. The changes in them and us have been dramatic. Thank you so much!"

— Dr. Mark Timlin,

MBChB, MPH, MBE, Melbourne

"It teaches us the core emotional needs of parenting that are crucial to the emotional health and development. Meeting this needs in children will help them develop into well adjusted adults, with few and less severe life traps. It makes it very clear how important it is for us to know God's word and put it into practice as we raise our children."

— Dr. Tosan Livingstone

Pediatrician-Neurodevelopmental
New York City Church of Christ

"Every parent should study *Good Enough Parenting* to help them fully understand and visualize the effects of their parenting. The *Good Enough Parenting* workshop by John and Karen was the most helpful one we have ever attended. We were greatly inspired by their in-depth research, biblical wisdom, and years of practical application. Parents should put their strategic principles into practice because they work."

— Dr. Turner Sinn

Senior Pastor / Elder, Hong Kong

Parenting Facilitators' Training

A Professional Parenting Program Utilizing Principles of Schema Therapy

November 2-5, 2015 in Lubbock, Texas

Registration Form

Upon completion, please email to patsim@louiscts.com

Please register me for the following: (please tick ☒ the appropriate box)

Participant category:

☐ US\$400 per participant

Personal Particulars

First Name:

Middle Name:

Last Name

Name to appear on your certificate:

Gender: ☐ Male / ☐ Female

Mailing Address: (Important! This is required for mailing purpose)

City/Zip

Country

Email Address:

Telephone/Mobile:

About your organization

Name of organization:

Address / Country of organization: